PHYSICAL ACTIVITY SERVING SOCIETY –

POLICY OVERVIEW RESEARCH TOOL

A Survey for Municipalities and Cities

PASSPORT

Name of Local Authority/Municipality / City:

Date completed:

Completed by (please give an affiliation):
Contact details (please give telephone and email address):

If you have any questions or feedback about this survey, feel free to contact:

Maxime Leblanc at Sport and Citizenship: maxime.leblanc@sportetcitoyennete.com
SECTION A – Background information and context

This section helps us understand your municipality and its approach to physical activity

1. a) Does your municipality have a physical activity policy?

b) Does your municipality have local recommendations or action plan on physical activity levels?

c) Does your municipality have targets for the population to be physically active?

Yes

No

Please provide details

2. Is this physical activity policy part of a national programme?

Yes

No

Please provide details

3. a. Has your municipality produced any policy documents which outline its intention and/or strategy to increase levels of physical activity?
Yes

No

If ‘yes’, please provide details of up to 3 key policy documents (Please provide either the following information OR a weblink):

Title

Author / Agency

Main sector(s) this document relates to (e.g., health, sport, transport, environment)

Executive Summary

Associated Action Plan or Guidance

b. Please also outline any national or international documents which may have guided the development of physical activity policy in your municipality, if applicable. (Please provide either a summary OR a weblink)

4. Are you aware of the idea of ‘active city’, ‘active community’ or similar concepts?
   
   • Yes
   
   • No

If ‘yes’, are you one?

Please provide further information
SECTION B – Content and development of local policy

The next few questions explore possible physical activity policy in your municipality

5. Looking across the relevant policy documents that relate to the promotion of physical activity in your municipality, please indicate which settings, if any, are identified for the delivery of the physical activity action plans. If different levels of government are responsible for specific setting in your municipality, please indicate. (Please tick all that apply)

<table>
<thead>
<tr>
<th>Setting</th>
<th>Yes, the municipality is responsible</th>
<th>Yes, but another level of government is responsible</th>
<th>No</th>
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</thead>
<tbody>
<tr>
<td>Kindergarten</td>
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<td>Primary schools</td>
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<td>High schools</td>
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<tr>
<td>Colleges / universities</td>
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</table>
6. Which population groups are targeted by specific actions or activities stated in the policy/action plans? Please tick all that apply.

<table>
<thead>
<tr>
<th>Setting</th>
<th>Yes, the municipality is</th>
<th>Yes, but another level of</th>
<th>No</th>
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<tbody>
<tr>
<td></td>
<td>responsible</td>
<td>government is responsible</td>
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<tr>
<td>Early years</td>
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<tr>
<td>Children and Young People</td>
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<tr>
<td>Families</td>
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<tr>
<td>Girls / Women</td>
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<tr>
<td>Older adults</td>
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<tr>
<td>People from low socio-economic</td>
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<td>groups</td>
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<tr>
<td>Workforce / Employees</td>
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<tr>
<td>People with disabilities</td>
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<td>Senior/ older adult services</td>
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<td>Clinical populations / chronic</td>
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<tr>
<td>disease patients</td>
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<tr>
<td>Sedentary / the most inactive</td>
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7. To illustrate the approaches being used to promote physical activity in your municipality, please provide up to 3 examples of interventions included in your policy /action plans which reflect the diversity of the plans across different population groups and settings.

8. Does your municipality have a specific plan for the monitoring and evaluation of the policy implementation?
   - Yes
   - No
   - Please explain your answer, if applicable

9. Does your city / municipality current have any of the following:
   Cycle lanes and cycle paths (how many kms?)
   Cycle parking spots (how many?)
   Walking bus schemes (please provide brief information)
   Designated walking tracks (how many kms?)
   Public access to outdoor equipment/active parks (please provide brief information)
   Skate parks (please provide brief information)
Open-access sports pitches (please provide brief information)

Other

In the box below, please provide other information about existing or planned facilities, buildings or other infrastructure in the municipality aimed solely or mainly at increasingly levels of physical activity and sport.
Section C – Implementation of the physical activity policy/action plan

This section aims at capturing the process of implementing PA policies and actions in order to better understand the impact of policies in terms of PA promotion in your municipality

10. Is there a designated department, nongovernment group or individual with overall responsibility for physical activity in your municipality?
   - Yes
   - No
   - If ‘yes’, please provide details.

11. Does your municipality have a local level communication or mass media strategy aimed at raising awareness and promoting the benefits of physical activity?

   Please provide details of the communication activities (if any).

12. a. Please list up to three examples of an area or issue where the greatest progress in beginning or continuing a physical activity policy has been made in your municipality or city in recent years.
   i. 
b. Please list up to three areas or issues that remain more difficult challenges to address.

   i.

   ii.

   iii.
Section D – Importance of the elements of physical activity policy

This final section asks for your judgement of the importance of some elements of policy approaches to physical activity.

1. Overall, what is your judgement of the importance of increasing the levels of physical activity in your city/municipality, compared with other areas of work?
   - Not Important at All
   - Of Little Importance
   - Of Average Importance
   - Very Important
   - Absolutely Essential

2. In your judgement, important are these elements of policy approaches to physical activity within

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<th></th>
<th>Not Important At All</th>
<th>Of Little Importance</th>
<th>Of Average Importance</th>
<th>Very Important</th>
<th>Absolutely Essential</th>
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<tbody>
<tr>
<td>Consultative approach in development</td>
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<tr>
<td>Evidence based</td>
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12
### Integration across other sectors and policies

### National recommendations on physical activity levels

### National goals and targets

### Implementation plan with a specified timeframe for implementation

### Multiple strategies

### Evaluation

### Surveillance or health monitoring systems

### Political commitment

### On-going funding

### Leadership and coordination

### Working in partnership

### Links between policy
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<th>and practice</th>
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<tbody>
<tr>
<td>Communication</td>
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<td>Strategy</td>
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<td>Identity</td>
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<td>(branding/logo/slogan)</td>
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<td>Network supporting</td>
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<td>professionals</td>
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</table>
3. Please use this space to provide any further details which you were not able to provide in any of the sections.